

**Below you will find more-detailed course information, in printable format. This page covers entry standards, start times and prices. Please read it carefully before proceeding to the Booking Form. To return to the main website, please use the link at the bottom of this page, or click 'back' on your web browser.**

European Ski & Snowboard School  
LES DEUX ALPES, 38860 France  
<http://www.europeanskischool.co.uk>



The European Ski & Snowboard School is an independent ski school based in the heart of Les Deux Alpes. Relatively new, its name has become synonymous with a quality service aimed to meet and exceed your expectations. We have a carefully selected team of international\* ski instructors from Italy, France, Britain and Austria, who provide a fun and effective way to improve your mountain skills, whether you're a skier or a snowboarder. All our non-British instructors speak great English and the team as a whole is comprised of experts passionate about the mountain. We are proud of our European, multi-cultural organisation and we believe it gives us triple the resources in terms of providing you with a great holiday experience.

### **Courses and Structure – Winter 2009/10 (Sunday start)**

**Ski Course Level 0**(Beginners with less than 5 hours experience on dry slope)

This course is available to adults and children over six years old.

- Three hours a day, six days a week – mornings 09:30-12:30 (we also run afternoon courses in High Season – 14:00-16:45)
- Late Start Sunday... 11:00-13:45 to allow you more time to get ready on your first day
- Maximum 8-9 in a group
- Video analysis
- **Public price (six days,AM.) 165€(Pm. 10% discount)**
- **Children level 0 (Under 12 years old) lift pass + ski course 238€ Pass valid for all lifts all day.**

**Ski Course Levels 1- 6.** These courses are available to adults and children over six years old.

- Three hours a day, five days a week – mornings 10:00-12:45 (we also run afternoon courses in High Season – 14:00-16:45)
- Late Start Sunday... 11:00-13:45 to allow you more time to get ready on your first day
- We leave Wednesdays free to allow you to take advantage of the day trips organised to visit other resorts; ask your company representative or the Ski School for details.
- No time wasting... meet and finish on the mountain at 2100m!
- **Public price (five days am.) 155€ (PM 10% discount).**

**Ski VIP Gold Course** Available to all levels of skier, adults and children over six years old.

- Two hours a day, six days a week – mornings 09:00-11:00 or 11:00-13:00 afternoons 14:00-16:00 depending on availability;
- Course includes two video analysis sessions, plus a progress report at the end of the week;
- We will do our best to co-ordinate families with lessons at the same time, but this can not always be guaranteed;
- **Public price 230€**

**Children's Learn-To-Ski Garden (4 & 5 Years Of Age)** With one instructor to eight children, our Learn-To-Ski course is a great place for your children's first experience on snow. The Ski Garden is a safe, fun and enclosed garden close to the main lifts, equipped with toilet and heated indoor facilities for rest-stops. Our objective is to have children out of the Garden and onto the small drag lifts by the end of the week.

- Three hours a day, six days a week – mornings 09:30-12:30;
- Late Start Sunday... 11:00-13:45 to allow you more time to get ready on your first day
- **Public price ski garden course 165€**
- **Ski garden Course + Lift pass 218€ (Pass valid for all lifts in the village during lessons. Ski garden course + lift pass (Pass valid for all lifts all day). 240€**
- **4 Years old lift pass Free.**
- NOTE: It is essential that you book this course and passes in advance.

**Ski / Freeride for experienced skiers... discover the incredible off-piste in Les Deux Alpes** This course is for skiers who want to get on and ski off-piste without standing around and talking about it too much! For this course we recommend that you are fit. You will certainly get to see a side of Les Deux Alpes that you didn't know existed. We ski all day with a break for lunch (09.15-12.00 and 14.00-17.00) and strongly suggest you join at the start of the week to make the most of the course.

| <b>1 / 2 DAY</b> | <b>1 DAY</b> | <b>2 DAYS</b> | <b>3 DAYS</b> | <b>4 DAYS</b> | <b>5 DAYS</b> | <b>6 DAYS</b> |
|------------------|--------------|---------------|---------------|---------------|---------------|---------------|
| €50              | €65          | €110          | €150          | €190          | €230          | €270          |

**Natural Born Skiers** Aimed at those who want to improve their ability in the more challenging aspects of skiing. During the course we aim to cover (depending on snow conditions): introduction to off-piste/powder snow; steeps and blacks; bumps and jumps; race carving/fun carving; dealing with powder/hardpack/wind blow crust/wet snow and ice/risk analysis

- Three hours a day, four days a week (Monday, Tuesday, Thursday and Friday);
- Maximum of six people per group, with a minimum of four people required to run this course;
- A minimum of eight weeks experience on snow is required;
- Video analysis
- **Public price 170€**

**Snowboard Courses** Available to adults and children over ten years old. The European Ski & Snowboard School specialises in courses for all levels, from your first turns to advanced courses, making the most of our world famous Snowpark and the amazing Freeride descents. All snowboard sessions are held in the afternoon to take advantage of the softer snow conditions, which are ideal for beginners and experts heading to the snowpark. Every effort will be made to hold a morning session for the first day of the Level 0 Course. Snowboard lessons for children under the age of ten should be booked in the resort on an individual basis after discussion with our office staff.

- Level 0: two hours a day, six days a week – afternoons only, but we will try to do a morning session on the first day;
- Levels 1, 2 & 3: two hours a day, three days a week (Sunday-Tuesday) – afternoons only;
- **Public price Level 0 (6 days) 185€**
- **Public price Levels 1, 2 & 3 (3 days) 110€**

### Private Tuition: Ski, Snowboard, Telemark, etc.

| Time                                   | No. of People | Price per hour |
|--|---------------|----------------|
| 09:00 – 17:00                          | 1             | €40            |
| 09:00 – 17:00                          | 2             | €50            |
| 09:00 – 17:00                          | 3/4           | €60            |
| Children under 13 years<br>Low season. |               |                |
| 14:00 – 17:00                          | 1/2           | €40            |
| 14:00 – 17:00                          | 3/4           | €50            |

**Note:** All private tuition, day trips to La Grave etc. must be booked through our office in the resort, according to availability.

### Use the following to help you choose your ski/snowboard level...

#### Ski Levels:

- Level 0 - Never skied or have skied on a dry slope for less than 5 hours;
- Level 1 - Have skied for approximately one week, can link snow-plough turns and have used lifts, can ski green runs;
- Level 2 - Wobbly shaky parallels on green/blue runs with approximately two weeks' experience;
- Level 3 - Skiing parallel on green/blue runs but come unstuck on red or narrow runs;
- Level 4 - Linked parallels including red runs, skiing with confidence and control, attempting steep slopes with approximately 4-8 weeks' experience;
- Level 5 - Confident carved turns on red runs. Black runs not a problem;
- Level 6 - Excellent skier, confident off-piste, steeps, moguls, attempting racing techniques and instructor training.

#### Snow board Levels :

- Level 0 - Never ridden a snowboard before;
- Level 1 - One week's experience, linking wobbly front and backside turns;
- Level 2 - 2 or 3 weeks' experience, attempting first tricks and jumps;
- Level 3 - Experienced rider, perfecting skills in the snowpark.

**To book, please send us an e.mail requesting availability, we will then reply and return confirmation. [europenskischool@wanadoo.fr](mailto:europenskischool@wanadoo.fr)**

## **Course Notes**

All lessons are in English. On the first morning, all group lessons meet on the snow at the Children's Snow Garden. On the second day, all groups (except level 0) meet at 2,100m to avoid queuing for the main lifts during lesson times. All adult groups will benefit from video analysis (weather permitting). All clients will receive log-book /progress reports. The log book is designed to be filled-in each year as clients return to progress through the course levels. There is no technical test for children at the end of the week, so all children will receive a free certificate and medal.

## **Important Notes**

1. During High Season, group lesson times may be moved forward one hour to ensure maximum skiing time and avoid the queues;
2. Non pre-paid ski school may be held in afternoon sessions;
3. In very low season, groups of less than 5 per level will be given a two hour session with lift queue priority rather than a 2 ¾ hour session;
4. We strongly advise people to seek professional advice when choosing between group or private lessons. You should consider the following points:
  - Do you feel you would be happy in a group situation, or would you prefer individual attention?
  - Fitness, age, confidence levels should always be considered before choosing a group lesson. Remember, the instructor will have to divide their attention by at least seven other students:
5. We also recommend private tuition to anyone at Level 0, over the age of 50 who does not exercise on a regular basis:
6. ALL children are advised to wear helmets during lessons:
7. Lessons are not refundable in any circumstances, once they have been booked and payment made.